



128 S. Sherman St.
Spokane, WA 99202
509-747-2330
www.farmgirlfit.com

SPOKANE COACH JOB DESCRIPTION

Are you passionate about fitness? Knowledgeable in the methods and techniques for helping others achieve their health and fitness goals? Excited at the prospect of motivating them to do so? Eager to be a leader by example in a community of like-minded individuals? Do you work well independently, as well as thrive on the camaraderie of a team effort? If so, a position as a Farmgirlfit Coach may be just what you're looking for!

PART-TIME POSITION:

- Approximately 10-20 hours per week.
- 2-4 shifts per week varying in duration from 1.5 to 4.5 hours/shift.
- Includes 1 Saturday per month.
- Days of the week and time of the day will vary, but scheduled in advance.
- Participation in regular classes, at least 1 monthly meeting, and other events will be expected.

REQUIRED MINIMUM QUALIFICATIONS:

- Resident of Spokane, or surrounding suburban area.
- First Aid/CPR certified.
- Hold at least one (1) current personal/group training or related certification.
- Demonstrated ability to perform and teach the skills/movements central to Farmgirlfit's style of training.
- Technologically competent.
- Responsible and organized, ability to multi-task.
- Excellent customer service skills, with ability to welcome, connect with, manage, and motivate women of all ages, abilities, and backgrounds.

COMPENSATION AND BENEFITS:

- **Hourly Rate:** Begins at \$18
- **Quarterly Bonus:** Dependent on membership goals
- **Welcome Package:** Including approximately \$100 value of exclusive Farmgirlfit merchandise to get you geared up!
- **Farmgirlfit Facility Access:** Unlimited access to all Farmgirlfit classes, workshops, and events, as well as off-hour access to the facility.
- **Continuing Education:** Up to \$250 annually towards continuing education.
- **Event Registration:** Reimbursement of 1 event/race registration annually.
- **Retail Discount:** Standard discount of 25% on all retail items, including Lululemon and Hyperice products.