

# May Marathon 2023



**farmgirlfit**

#FGFMayMarathon2023

🎵 *A mile a day gets a marathon in May!* 🎵

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31	<b>Notes:</b> 1. Each day, record the distance you completed. Goal = 1 Mile / 1600m per day. 2. Keep a cumulative total for the month. 3. Once you complete a marathon (26.2 Miles / 42,000m) post a picture as a prize entry, using <a href="#">#FGFMayMarathon2023</a>		